

Community cultivation at Öråkers Gård granted support from the EU Rural Fund by Leader Mälardalen

The project "Odlaihop Öråker" is based on sustainability and biodiversity, transforming horticulture into sustainable cultivation, habitats for insects and pollination and for fermenting horse manure and other organic matter. The long term objective is to expand the permaculture project to a wider sustainable farming of fruit and vegetables.

"Odlaihop", or "Cultivate Together" is a collaboration between the organisation Odlaihop with Karin Saler and Jenny Salmson together with garden designer Johanna Karlén (Bioinspira by Johanna) and Öråkers Gård. The farmer Jan Tärnström, Ladans Kulturförening and the grower André Wright are also involved in the project.

- At Öråkers Gård we want to bring people, knowledge and techniques together to find ways to transform part of the monocultural use of the land into a regenerative organic cultivation of vegetables, berries and fruits. We want to inspire other farms and municipalities in Sweden to collaborate with people locally to grow in a way that is sustainable for both the environment and the economy, together." says Ebba Horn at Öråkers Gård.

The project is about growing with biodiversity, with sustainability and with a focus on community. The vision is for Odlaihop Öråker to become a place for knowledge sharing through courses, workshops and collaborations with the municipality, companies and private individuals.

- We work practically with knowledge in biodiversity and sustainable, organic cultivation twinned with resource management based on permaculture techniques and methods. Our aim is to offer opportunities for cooperation and investment that we hope will also lead to creating more jobs in the community. There is a great need for labor in the environmental sector, and people are in great need of sustainable, green jobs with a direct link to nature and food production." says Jenny Salmson from Odlaihop.

With the help of soil-enhancing techniques, Odlaihop Öråker will create increased micro-life in the soil. Bacteria, fungal hyphae, worms and all the abundance of life that is part of the Earth's food chain are supported by various composting techniques, such as bokashi, EM, compost tea and worm-rich composting heaps.

- Broadly speaking, the intention in the short-term is to convert about 1 hectares of land to sustainable cultivation, to build flower beds in different places on the farm for insect habitats and pollination and to ferment horse manure and other organic matter. In the long term I hope we will expand the area for sustainable cultivation of fruit and vegetables, Ebba Horn concludes.

For more information, please contact Ebba Horn +46 70 492 87 04 ebba@orakersgard.se,
See link for high resolution images: [BILD1](#), [BILD2](#), [BILD3](#), [BILD4](#)

More info: Öråkers Gård is located in Upplands-Bro Municipality. www.orakersgard.se
Visit us at www.ladanoraker.se, read more about Odlaihop www.odlaihop.se and Bioinspira www.bioinspira.se



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